

Minutes

Regional Council on Aging - Victor Valley

July 8, 2025

This meeting is being recorded and will be conducted pursuant to the provisions in the governor's executive order N-25-20 dated March 17, 2020, which suspends certain requirements of the Ralph M. Brown Act.

A. Call to order by Chair Sam Craddock at 9:39 a.m.

B. Introductions by Chair Sam Craddock:

2021 BOARD MEMBERS

P Chair, Sam Craddock	P Vice-Chair, Teresa Brenner
P Treasurer, Dharini Dobbins	P Sergeant-at-Arms, Mayra Williams
P Secretary, Shannon Jones	

REPRESENTATIVE REPORTS

P 1st District Supervisor: Representative, **Christopher Porter (Supervisor)**
P DAAS: Senior Information & Assistance Rep, **Karen Costeines**
-- APS: Supervising Social Services Practitioner, **Alisha**

BUSINESS REPRESENTATIVES

-- Victor Valley Community Service Council (VVCSC): **Maxine DiDonato**
-- A Greater Hope: **Ilyana Ortiz**
P Inland Caregivers (ICRC): **Jaritza Mendoza**
P VNA Care: **Lisa Gonzalez**

Guest Speaker

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GUESTS

-- Jamila Tahir - HICAP	-- Shirley King - WOW	-- Salcedo - WOW
P Luvenia Kimble	-- Deborah Rouse - AgeWise	--
P Senior Citizen	-- Sharon Cobb – Community	-- Joyce Reynolds – Inland
	Liaison	Empire United Way 211

C. Minutes Review:

1. Minor corrections to the minutes were noted: Change to Karen's report (3B): Bus passes were removed for the end of the fiscal year inventory and will be returned as soon as that is completed.

D. Reports:

1. Chair Report by Chair Sam Craddock:

- a. Brittany is working on a calendar plugin with clickable links to flyers. The desired functionality is for users to click on a calendar event and be directed to a PDF flyer.
- b. Minutes to be sent out within a week after the meetings going forward (Brittany will handle this).
- c. Website updates are in progress; Brittany is working on adding a calendar flyer section with clickable links.
- d. Pilot for a national show has been shot and bought. Shooting will likely require 1-2 weeks per month in Atlanta, GA. A dedicated set and studio are being built.
- e. The first book in the "Bend in the Road" series (for caregivers) is available on the website. The next book (for age with dignity) will be released in August. Two booklets are available: "When I Can No Longer" (financials) and "Care and Feeding Instructions of Me."
- f. Shannon and Sam will reach out to Henry's Replacement and invite her to participate actively.

2. Treasurer's Report- **Dharini Dobbins**

- a. The treasurer's report was submitted, showing a balance of \$1325. No debits, transactions or credits were recorded.

3. Senior Information and Assistance Report - **Karen Costeines**

- a. Thank you for the United Way housing specialist speaker.
- b. Farmers Market Coupon Books Distribution:
 - Victor Valley College Farmers Market (Lower Campus): July 17th, 9am-12pm, first-come, first-served.

- Phelan's Farmers Market: July 21st, 2pm-4pm, first-come, first-served.
 - Pre-registered individuals will be served first.
 - Seniors need to qualify based on household size and income (similar to HEAP requirements). A one-person household can qualify if their income is \$3170 per month or less.
 - Coupon books are \$50 and can be used for fruits, vegetables, and honey.
 - Please use all the coupons by the expiration date.
- c. AAA (Area Agency on Aging) surveys are available with self-addressed, postage-paid envelopes. Karen has 10 English and 5 Spanish surveys.
- d. Action Item: Karen to Speak on basic services and programs and transportation.

4. Vice-Chair - Teresa Brenner

- a. Create QR codes and links for website calendar for cross-marketing (Teresa to spearhead). She will create business cards with QR codes.
- b. Get Flyers printed with all meeting information and QR codes.
- c. Reach out to congregate meal sites and see if they will put out flyers
- d. Teresa to work on developing speaker list.
- e. Doctor's offices might be a good place to put flyers.

E. Announcements:

5. 1st District Supervisor: Representative, **Christopher Porter (Supervisor)**
- a. The Board of Supervisors approved contracts for senior support services:
 - Victor Valley Community Services Council.
 - Unique Adult Day Home Care.
 - ICRC (transportation, residential repairs, activities).
 - Inland County Legal Services (senior legal services, \$350k).
 - Family Caregiver Support Program Services (countywide - ICRC, New Grace Family Care LLC, Envision Spanish).

F. Open Discussion:

- Location of Farmer's Market moved. Need to check with the college.
- Need to give seniors bus passes as soon as possible after inventory.
- Discussion on potential Medicaid cuts and impact on senior services. Concern about the future of senior support and the need for creative solutions.
- Importance of supporting unpaid family caregivers. Support and teach families what their family member is going through. 30% of family caregivers die before the person they're caring for.
- Discussion on Medicare waivers, specifically for assisted living. If the waivers are depleted, where are people going to live?
- Discuss sharing care costs and shared rent.

G. Adjournment:

The meeting was adjourned at 10:20a.m. by Sam Cradduck.

The next RCA meeting will be on Zoom on Tuesday August 12, 2025 at 9:30 a.m.